

Reflection Questions - Built on the Rock

Use these reflection questions to dig deeper into your relationship foundation. Whether you're single, dating, or married — truth is your anchor. Take time with each one. Be honest. Let the Holy Spirit lead.

1. ***What is your relationship actually built on?***
(Truth, shared values, faith... or chemistry, comfort, and emotion?)

2. ***Are there areas where you've ignored the cracks because the feelings were strong?***

3. ***Have you ever mirrored someone-or been mirrored-just to win their love?*** (What did it cost you?)

4. ***How would your love look different if it were fully anchored in Christ, not just connection?***