

Anchored

Make Every Effort

— 2 Peter 3:14

“So, beloved, since you are expecting these things, be diligent and make every effort to be found by Him [at His return] spotless and blameless, in peace [that is, inwardly calm with a sense of spiritual well-being and confidence in the salvation].”

— 2 PETER 3:14

2 Peter 3:14 reminds us that salvation is not the end of the story—it's the beginning. We are justified by faith, but we are also called to be sanctified through action, alignment, and surrender. Peter's challenge isn't about striving for perfection but living with intention. True faith doesn't sit still; it responds. It grows. It matures. And that's the heart of spiritual diligence—choosing each day to align our lives with the grace we've already received. That's what it means to live with faith in action.

ANCHORED:

2 Peter 3:14 — Make Every Effort

A call to peace-filled pursuit: because grace always moves us toward growth.

“So, beloved, since you are expecting these things, be diligent and make every effort to be found by Him [at His return] spotless and blameless, in peace [that is, inwardly calm with a sense of spiritual well-being and confidence in the salvation].”

—2 PETER 3:14 (AMP)

Spiritually Speaking:

Peter calls us to live with urgency—not panic, but purpose. Justification is a gift, but sanctification is our response. Faith in action means choosing purity, peace, and alignment as we prepare for His return.

Clinically Speaking:

Sanctification isn't about proving your worth—it's about responding to love. As the nervous system heals, it becomes possible to act from peace instead of fear. That's faith in action: alignment over survival, rooted in grace.

Anchor Thought:

Faith doesn't make effort unnecessary—it makes effort possible.

Life Application:

Living out 2 Peter 3:14 means taking intentional steps to align our daily lives with the truth we believe. It's not about perfection—it's about progress. Faith in action looks like one surrendered step at a time: reflecting, repenting, and responding to God's grace.

Breathwork: “Release & Recenter (4–4–6)” Guided Prayer:

Great for: Overwhelm, perfectionism, performance pressure

- Inhale 4 seconds
- Hold 4 seconds
- Exhale 6-8 seconds while whispering “*peace*.”
- Repeat 3-5
visualizing God's grace washing over you.

Father, thank You. Thank you for Your grace that saves me and Your Spirit that sanctifies me.

I don't want to drift through this life—I want to grow through it. Help me see where I've grown passive, and give me the courage to realign with Your truth. I choose peace—not as avoidance, but as the result of Your presence. Lead me into maturity. Let my actions reflect the love You've already given.

Align my mind to Your will. Align my heart to Yours.

Thank you Father... Amen

Journal Prompts:

1. Where in my life am I coasting instead of growing? What belief is allowing me to stay passive?
2. What would it look like for me to “make every effort” from a place of love—not fear—this week?